

If you are interested in the activity of the Association, you can come to the meetings and

Join us!!!

and uncertainties of this delicate period. but approaching it to find solution to the problems and much more, never invading the medical field Starting solid food...

- The father's role during breastfeeding;
- Family management during breastfeeding;
- and dad;
- Breastfeeding advantages for baby, mum and dad;
- Breast functioning and milk production; drome;
- Breastfeeding a baby affected by the Down syndrome;
- Breastfeeding a preemie, a baby with a cleft common breastfeeding problems;
- Prevention and treatment of the most Long breastfeeding (toddlers);
- Breastfeeding on demand;
- Getting ready to breastfeed: nipples care;

Some examples are:

Any topic concerning breastfeeding either in a direct or indirect way.

Which topics are discussed?

women, breastfeeding mothers, fathers, health-operators).

contact us: we'll give all the information you need.

The women who become subscribers of **AMAS Lætitia** receive a four-monthly issue of our magazine "Fonte di Vita e di Gioia".

There are no fixed enrolment dues but we ask you to help us supporting the expenses of photocopies, rent of the meeting rooms, mailing charges, follow up courses or books.

Of course you can come and meet us, but if you live too far away, you can get in touch with us choosing one of the following ways:

 Writing to:

Monica Brena
via Monte Grappa 3/G
24020 Villa di Serio
(Bergamo) Italy

 E-mail: amaslaetitia@gmail.com
 <http://www.amaslaetitia.jimdo.com>

You can also join our virtual forum!

all the people interested in breastfeeding (pregnant She usually organizes monthly meetings for a parent can answer to the requests for help by phone.

The Assistant answers to the questions about breastfeeding. In an emergency, the Assistant can give advice and information to mothers and she must represent and pursue the aims of the Association Statute.

What does an Assistant do?

An Assistant can give advice and information to mothers who has got in touch with the association. They attended a prep course and apprenticeship, collecting scientific information as well as numerous breastfeeding experiences from all the personal, long and exclusive breastfeeding experience.

The Assistants are volunteers who offer their mother-to-mother help; they draw from their own breastfeeding experiences.

Who are the Assistants?

Our dream became true on 15th February 1997, when we legally founded AMAS Lætitia, whose headquarters are in Roncadelle (Brescia, Italy).

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AMAS Lætitia

Associazione Madri che Allattano al Seno

Association of Mothers who are Breastfeeding

«AMAS» and «Lætitia» are two Latin words, respectively meaning «you love» and «joyfully»; that is our wishing motto to all mothers, especially for those who decide to breastfeed their children.

AMAS Lætitia is a Catholic inspired association.

It is a non profit-making, non-party association. Its task is to give information, to promote breastfeeding and to give support to all women who wish to breastfeed their babies, without racial, religious, social or political discrimination.

The birth of AMAS Lætitia

In 1995, some events made us meet: we started sharing ideas and information at first and then we lived spiritual experiences together.

In an unpredictable way, the Holy Spirit made us maturing the idea of an association in support of breastfeeding mothers, fathers and babies.